



### 1) start a fall tradition

Plan a family event or outing, then add it to the calendar for next year.



### 2) personalize school supplies

Every notebook, folder, book cover and backpack is like a blank canvas!



### 3) thank your teachers

Show your appreciation with a thoughtful card or a homemade gift.



### 4) get moving

Need a homework break? Put on some music and do some silly stretches!



### 5) make leaf rubbings

Place a leaf under a sheet of paper and gently rub crayons over top.



### 6) mix it up for lunch

Pack a special snack or a sweet treat for a school lunch surprise!



### 7) create something cool

Tackle a STEM craft project together — may we suggest bubbling slime?



### 8) make fall decorations

Get creative with construction paper and decorate the house together.



### 9) find time to reconnect

Ask specific, open-ended questions to spark meaningful conversations.



### 10) write a spooky story

Draw pictures and share your story with friends and family on Halloween.



### 11) learn something new

Visit a museum, take a trip to the library, or try a new hobby together.



### 12) make a time capsule

Fill it on the first day of school and wait until the last day to open it.



### 13) solve a puzzle

Snuggle up together & solve some **Hidden Pictures** puzzles!



### 14) celebrate kindness

Make a gratitude jar and add things you're thankful for each day.



### 15) plan a family game night

Pick a new game to play each week, or make up one of your own!

